

Woodberry Down Primary School Spring & Summer Menu - Week 1

(V) = Vegan

(VA) = Vegan Alternative Available

Option 1

Meat Free Monday
Tomato & Mozzarella
Pizza served with New
Potatoes and Chilli
Sweetcorn

Tuesday
Homemade Barbecue
Chicken served with
Basmati Rice and Coleslaw

Wednesday
Roast Topside of Beef
served with Roast potatoes,
Yorkshire Pudding, Savoy
Cabbage and Gravy

Thursday
Jerk Chicken, Rice & Peas
served with a Sweetcorn
Salsa

Friday
Breaded Omega 3 Fish
Fingers served with Oven
Chips and Peas

Option 2

Roast Vegetable and
Chick Pea Tagine served
with a Lemon Cous Cous
Salad
(V)

Wholemeal Spaghetti
Puttanesca served with a
Butter Bean Salad
(V)

Leek and Mushroom
Macaroni Cheese served
with Broccoli

Mixed Bean Patty served
with Rice & Peas and a
Sweetcorn Salsa
(V)

Quorn and Vegetable
Slice served with Oven
Chips and Peas

Dessert

Freshly Cut Fruit
or
Organic Yoghurt

Freshly Cut Fruit
or
Organic Yoghurt
or
Chocolate Cheesecake

Freshly Cut Fruit
or
Organic Yoghurt

Freshly Cut Fruit
or
Organic Yoghurt
or
Granola Topped Greek
Yoghurt with Summer Berries

Freshly Cut Fruit
or
Organic Yoghurt
or
Frozen Yoghurt (VA)

Week Commencing - 25th April, 16th May, 13th June, 4th July, 29th August, 19th September and 10th October

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Available Daily..
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

ASHLYNS

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Woodberry Down Primary School Spring & Summer Menu - Week 2

(V) = Vegan

(VA) = Vegan Alternative Available

| | Meat Free Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|--|---|---|---|---|
| Option 1 | Penne Pasta with Lentils, Roasted Peppers and Tomato Ragu | Beef Chilli served with Rice, Sweetcorn and Nachos | Chicken and Vegetable Pie served with Parsley Potatoes, Summer Vegetables and Gravy | Chicken Sausage served with Potato wedges, Peas and a Breaded Onion Ring | Breaded Omega 3 Fish Fingers served with Oven Chips and Baked Beans |
| Option 2 | Vegetable and Chick Pea Curry served with Basmati Rice (V) | Cheese Tart served with a Mixed Salad and Homemade Bread | Leek, Potato and Cheddar Cheese Wholemeal Pasty served with Summer Vegetables | Vegetarian Sausage served with Potato Wedges, Peas and a Breaded Onion Ring | Tempura Vegetables with Soba Noodles, Haricot Beans and Soy Sauce (V) |
| Dessert | Freshly Cut Fruit or Organic Yoghurt | Freshly Cut Fruit or Organic Yoghurt or Banana and Stem Ginger Cake | Freshly Cut Fruit or Organic Yoghurt | Freshly Cut Fruit or Organic Yoghurt or Chocolate Cherry Brownie | Freshly Cut Fruit or Organic Yoghurt or Frozen Yoghurt (VA) |

Week Commencing - 2nd May, 23rd May, 20th June, 11th July, 5th September, 26th September and 17th October

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Available Daily..
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



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Woodberry Down Primary School Spring & Summer Menu - Week 3

(V) = Vegan

(VA) = Vegan Alternative Available

| | Meat Free Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|---|---|--|--|--|
| Option 1 | Three Cheese & Spinach Pasta Bake served with Homemade Garlic Bread | Peri Peri Chicken drumsticks served with Potatas Bravas and Broccoli | Chicken Kebab served with Orzo Rice, Rainbow salad and Garlic sauce | Ashlyns Beef Burger served with Potato Wedges and Baked Beans | Breaded Omega 3 Fish Fingers served with Oven Chips and Peas |
| Option 2 | Ginger Crusted Tofu served with Noodles and Haricot Beans (V) | Peri Peri Butter Bean and Wholemeal Wrap served Potatas Bravas and Broccoli (V) | Red Lentil and Vegetable Moussaka served with Homemade Bread and Mixed Salad | Breaded Vegetable Burger served with Potato Wedges and Baked Beans | Vegetable and Chick Pea Samosa and Mango Chutney served with a Mixed Salad (V) |
| Dessert | Freshly Cut Fruit or Organic Yoghurt | Freshly Cut Fruit or Organic Yoghurt or Farmhouse Fruitcake with Whipped Cream | Freshly Cut Fruit or Organic Yoghurt | Freshly Cut Fruit or Organic Yoghurt or Summer Berry Jelly and Cream | Freshly Cut Fruit or Organic Yoghurt or Frozen Yoghurt (VA) |

Week Commencing - 9th May, 6th June, 27th June, 18th July, 12th September and 3rd October

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Available Daily...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



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