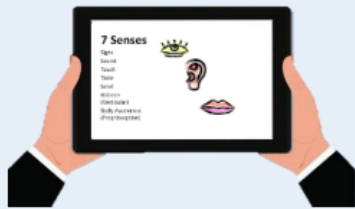


Talk to an OT

Do you have any concerns or questions about your child's development?



Occupational Therapy can help with life skills such as self care skills (e.g. toileting, dressing, sleep and eating), school skills (e.g. attention, focus, writing and cutting) and play skills (e.g. turn taking and sharing).



Drop In is for children and young people aged 0-18yrs

Identify a goal for your child to work towards in their everyday life.



Learn from an Occupational Therapist.



How does it work?

The sessions will be offered either face to face, telephone or virtually for a 15 minutes consolation and can be booked in over the phone.

Upcoming dates

Wednesday 28th January
Wednesday 25th February
Wednesday 25th March
Wednesday 29th April
Wednesday 27th May
Wednesday 24th June
Wednesday 29th July
Wednesday 26th August
Wednesday 30th September
Wednesday 28th October
Wednesday 25th November
Wednesday 16th December

Where:

Face to face
Hackney Ark
Downs Park Road
E8 2FP

Telephone

For some advice or tips on your child's development, come and speak to an occupational therapist. Everyone's welcome!



To book your place, or for more details, contact us on:

huh-tr.childrensotpevents@nhs.net

020 7014 7025