

Non-contact Rugby for Girls

Year 3 - 6

Free of charge

Limited places



Hackney Rugby is excited to be able to offer a non-contact touch rugby club to girls in year 3, 4, 5, 6.

A touch rugby after school club will give your daughter a fun, active session of game and skills activities that develop co-ordination, fitness, ball handling skills and creativity.

Rugby has strong values, teamwork, respect and is inclusive.

Girls learn skills for life playing a team sport.

The club is run by qualified rugby coaches from Hackney Rugby Club



www.hackneyrfc.co.uk