



Makaton for Parents

Beginners Workshop



Dates of course: Friday 7th, 14th, 21st and 28th of November 2025

Time: 9.30am-12.30pm

Venue: Linden Children's Centre, 86-92 Rectory Road, N16 7SH

What is Makaton?

Makaton is a language programme which uses gestures and actions alongside speech and symbols or pictures. For many children, Makaton can help support the development of their ability to understand and to express themselves. Many people know Makaton from Mr Tumble on CBeebies – 'Something Special'.

What will happen on the course?

On this course, you will learn over 200 signs and symbols and ways in which you can use these at home to help your child. You will also get the chance to meet and share ideas and experiences with other parents. The course is run by qualified Makaton trainers who are also Speech and Language Therapists and experts in communication.

How long is the course?

The course consists of **4 sessions of 3 hours** each. You need to be able to attend **all four** sessions. You will receive manuals and a certificate from Makaton Charity. This is an accredited Parent Workshop covering Makaton Levels 1 and 2.

Who is the course for?

The course is for parents and carers of children or young people living in Hackney who will benefit from using Makaton to develop their communication. Your child may have additional needs or a communication difficulty and be known to Speech and Language Therapy, services at the Hackney Ark or Hackney Education.

What do I need to do next?

You will need to contact the Speech and Language Therapy Admin team to tell them you would like to come on this course. **Please call them on 020 7683 4262, or email huh-tr.sltinfo@nhs.net to book your place.** (You may need to leave a message - leave your name and number and someone will return your call). Please book your place as soon as possible, as places are limited.