



Positive Parenting Workshop

The Positive Parenting Workshop focuses on developing positive relationships with your child and understanding and supporting them when they feel overwhelmed by big emotions. In the first two workshops we will look at ways of understanding and containing your child's emotions and behaviours. In the final two workshops we will focus on understanding and supporting your child with feelings that might be expressed in behaviour that you find challenging.

Who will run the workshop?

Dr Joe Vacher, Clinical Psychologist, Child and Adolescent Mental Health Services (CAMHS)

Dates for your diary

The workshops will be on **Tuesday 30th April 2024**
Tuesday 14th May 2024
Tuesday 11th June 2024
Tuesday 25th June 2024

Time **9:00 -10:00 am (Bottom Hall)**



If you have any further questions about the workshop, please feel free to contact us via the school office and ask to speak with **Mr Davids or Mr Shevket**.