



Woodberry Down Community Primary School
Woodberry Grove, London N4 1SY
Telephone: 0208 800 5758

WDOoffice@newwavefederation.co.uk
Executive Headteacher: Ms Nicole Reid
Headteacher: Mr Derek Hewie

Wednesday 20th May 2026

Dear Woodberry Down Families,

Re: Packed Lunches, Club Snacks & Allergies

As we head into the final weeks of term, we would like to thank you for your continued support in helping us maintain a safe, happy and focused environment for all our children at Woodberry Down.

We would like to share some important reminders regarding packed lunches, snacks brought for clubs and allergies.

To support our Healthy School Policy and ensure children have the sustained energy they need for learning throughout the day, we ask that all packed lunches are nutritious and well-balanced. Suitable options may include sandwiches, wraps or pasta salads, yogurt, cheese, crackers, fruit and vegetable sticks such as cucumber or carrots. **Fizzy drinks, high-sugar energy drinks, sweets and chocolate bars are not permitted in lunchboxes.**

For children attending after-school clubs who bring a snack, we encourage healthy options such as fruit, vegetables, rice cakes or yogurt. As we have several children in school with severe, life-threatening allergies, we kindly ask families to be especially mindful when preparing both lunches and club snacks. While a food item may be perfectly safe for your child, it could pose a serious risk to another.

Children must not swap, share or trade food with others. Please reinforce this important "no sharing" message at home. We also ask that no nut products (including spreads such as peanut butter or Nutella) are included in packed lunches or snacks brought into school.

Taking care when preparing lunches and snacks and reminding children not to share food, helps us create a safer environment for everyone. Your continued support in this is greatly appreciated.

Thank you for your cooperation in keeping all children safe, healthy and ready to learn. If you have any questions or concerns, please do not hesitate to speak with your child's class teacher or a member of the leadership team.

Kind regards,

Derek Hewie
Headteacher

