



Woodberry Down Community Primary School

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Executive Headteacher: Ms Nicole Reid

Headteacher: Mr Derek Hewie

Sunday 8th November 2020

Dear Y4 Parents and Carers,

Re: Advice for Child to Self-Isolate for 14 Days

We have been made aware that we have a confirmed positive case of coronavirus (COVID-19) in Year 4 at Woodberry Down Primary School.

We have followed the national guidance and have identified that your child has been in close contact with the affected individual. In line with the national guidance your child must stay at home and self-isolate until Wednesday 18th November.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities. **This means that your child can return to school on Thursday 19th November providing they are well.**

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period. **This means that any siblings of your child in Year 4 should attend school as normal.**

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test-or-by-calling-119>.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

If your child becomes unwell, all other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. The 14-day period starts from the day when the first person in the house became ill. If this happens, household members should not go to work, school or public areas and exercise should be taken within the

home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online. Please note that we are always here to help you.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If

you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



Derek Hewie
Headteacher